



Going live!

Mr C: Okay, that should be streaming. I shall check...

Christine: I like how you tailed off then, because everyone heard you say that.

Mr C: Don't be mean to me.

Christine: Why not? Will there be a delay?

Mr C: Yea, try and move around, see what the frame rate's like.

Christine: I'm moving.

Mr C: Yea, that's a better frame rate than last time. We'll go with that. Thank you Justin.

Christine: Anything happening in Le Mans?

Mr C: Sorry?

Christine: What's happening?

Mr C: Zonta's third.

Christine: I can't believe it.

Mr C: It's such a pain you have to do all this recording.

Christine: I know. The things I do for Sidepodcast.

Mr C: You're missing out on Franck. Just... okay.

Christine: My toe's are making noise.

Mr C: Yea. Stand still.

Christine: Okay.

Mr C: That's the answer. Don't fidget. Okay. Ready for take one? [Clapper board] Autocue is enabled.

Christine: Okay. You're watching Inside Track from Sidepodcast and this is our preview for the French Grand Prix. After all the excitement, surprises and championship changes in Canada, it's time to look ahead and see what France has to offer.



Mr C: Very good. [Clapper board]

Christine: On Doctor Who, they do it upside down.

Mr C: Am I doing it wrong?

Christine: Just telling you what they do on Doctor Who.

Mr C: What do you mean they do it upside down?

Christine: So, hold it upside down, and clap it that way to show the end.

Mr C: No!

Christine: Yea.

Mr C: Well I want to do it that way now.

Christine: Okay.

Mr C: That would make sense, I suppose.

Christine: Cos then you know it's the end.

Mr C: No one teaches you these things, do they?

Christine: Not unless you go to film school.

Mr C: Safety take. Did you like that take? Okay and... [Clapper board] Take two. I'll just rewind the autocue.

Christine: You're watching Inside Track from Sidepodcast and this is our preview for the French Grand Prix. After all the excitement, surprises and championship changes in Canada, it's time to look ahead and see what France has to offer.

Mr C: Ah, that's a blink, but the blink was late.

Christine: Didn't like that one very much.

Mr C: You didn't. [Clapper board] Do you want to do a third?

Christine: no. It's safe but...

Mr C: Yea, that's your back up shot if it all goes wrong.

Christine: Yea.



Mr C: Last week there was an annoying ping on the best take, and the first take was better by a long way than the second so I had to use it and in the middle of it the light went ping, if you listen really closely. You're gonna go back and listen now, aren't you?

Christine: No.

Mr C: You don't give a damn, do you?

Christine: It's only you care about these things.

Mr C: It went be-bo.

Christine: Everybody else will go and listen now though.

Mr C: Well they can and hear the ping! That's basically what it is.

Christine: It's like a lift.

Mr C: Like they hadn't been warming up for long enough, the metal decided it had to expand some more. Okay.

Christine: It's not like we just switch them on and start, is it?

Mr C: We try and be professional but still... [Clapper board]

Christine: Well I wouldn't go that far.

Mr C: Scene two. Unpaid professionals.

Christine: Oops, sorry, I nudge the microphone.

Mr C: Look at the lens. Okay.

Christine: We've discussed F1 Digest before and you know about Sidepodcast TV, obviously, but let's not forget about F1Minute. My daily sixty second news show has been going strongly for about nine months now and it's gradually getting bigger. With the start of the season, I introduced two extra shows on race weekends to cover all the action from the... hello?

Mr C: Sorry. Was I too slow?

Christine: My autocue's not working.

Mr C: No, I was thinking. Nine months?

Christine: Yea, almost. October, it started.



Mr C: Okay, I do apologise.

Christine: In the off-season, as you do.

Mr C: As you do.

Christine: Yep. We've discussed F1 Digest... oh, what happened?

Mr C: Yea, I made an error.

Christine: Did you change the battery like I told you to?

Mr C: I did change the battery like I told you to. What wasn't on on the camera when you started talking into it?

Christine: Did you? Did you not record any of that?

Mr C: Nope!

Christine: Okay! That's good, because I didn't like that second take anyway.

Mr C: I didn't like any of it.

Christine: Nah. I feel like we should do that again.

Mr C: I really, really, really like that introduction and I want to hear it again.

Christine: Are you happy that you did that on live streaming?

Mr C: No!

Christine: Whose idea was this whole live streaming thing?

Mr C: You can't see me now but I am blushing like crazy. Okay. That would be mine, by the way. You see that red light on the camera, good. Speak into that. And again. This would be scene one, take one. [Clapper board] Inside Track France.

Christine: How can I possibly do it with a straight face now? Really?

Mr C: I don't know. You know that's recorded for posterity and everything.

Christine: Yep. Couldn't you just get it from the live stream and like...

Mr C: No, it's bad quality. The frame rate's better but the rest of it...

Christine: Right.



Mr C: One second. I have pressed record on the audio. The light is on, isn't it?

Christine: Yea.

Mr C: Okay.

Christine: You're watching Inside Track from Sidepodcast and this is our preview for the French Grand Prix. After all the excitement, surprises and championship changes in Canada, it's time to look ahead and see what France has to offer.

Mr C: I love that take.

Christine: Best take ever.

Mr C: [Clapper board] Oops, I have to do it upside down, hang on. [Clapper board] There we go.

Christine: Does that mean you didn't catch that whole thing about me talking about Doctor Who, on record?

Mr C: Yea, it's on the live stream. Hold on... it's not on DV tape but it's on the live stream.

Christine: You just tape over them anyway, don't you?

Mr C: Yea.

Christine: What?

Mr C: Just wondering if I rewound the tape.

Christine: Well, you'll know because it'll stop in a minute, won't it?

Mr C: Yea. Watching the timer. If at some point the tape runs out...

Christine: What's wrong with you today?

Mr C: [Clapper board] Just a safety.

Christine: Has Le Mans gone to your head?

Mr C: Yea, it's Franck. The excitement of Franck. I think we've got plenty of tape left. Okay. Battery's good, tape's good, and it's on record. Take two.

Christine: You're watching Inside Track from Sidepodcast and this is our preview for the French Grand Prix. After all the excitement, surprises and championship changes in Canada, it's time to look ahead and see what France has to offer.



Mr C: That's the best yet. Didn't like that one? [Clapper board]

Christine: Nah, the first one was better.

Mr C: The first one or the one we didn't record?

Christine: No, the first one was better. The first one of the second batch.

Mr C: Thank you for holding it together.

Christine: Mm, I don't know. As you fall to pieces.

Mr C: As I fall to pieces. [Clapper board] Scene two.

Christine: I'm the one that's on the camera, I should be feeling the pressure.

Mr C: I know.

Christine: It's not fair because the people know something about F1Minute is coming up but they don't know what it is because we didn't get that far.

Mr C: Teaser.

Christine: We've discussed F1 Digest before and you know about Sidepodcast TV, obviously, but let's not forget about F1Minute. My daily sixty second news show has been going strongly for about nine months now and it's gradually getting bigger. With the start of the season, I introduced two extra shows on race weekends to cover all the action from the event without having to rush too much. Now I don't know about anybody else but I find it quite confusing to know whether it's an F1Minute day or not, despite the Google calendar. Also, there always seems to be something going on in F1 doesn't there? From this weekend onwards, you can catch a new podcast every day. Just visit F1Minute.com for all the details and to find the latest show. That's F1Minute seven days a week, every week, until... [coughs] sorry.

Mr C: Aw, so close. Very good.

Christine: Yea, something about it's not right.

Mr C: What don't you like?

Christine: Don't know.

Mr C: I liked it.

Christine: Okay.

Mr C: Which bit?



Christine: It was the question, I think. There always seems to be a bit of F1 news, it just seems a bit...

Mr C: Insulting?

Christine: Just a bit, yea, patronising.

Mr C: Now I don't know about anyone else but I find it quite confusing to know whether it's an F1Minute day or not, despite the Google calendar.

Christine: That bit's alright.

Mr C: So, from this week onwards. Just drop that out and put so in there.

Christine: Yea, you wanted that bit in there though, cos you said there's two reasons. It's not just that I get confused. We don't want to make me look like an idiot.

Mr C: Yea, but it is insulting.

Christine: There's always F1 news.

Mr C: There's always news, isn't there?

Christine: Yea.

Mr C: Shall we drop that?

Christine: Yea. Yes.

Mr C: And the so? Or just from.

Christine: What does it say now?

Mr C: Despite the Google calendar. So from this week onwards...

Christine: Yea, cos I dropped a so from later on, didn't I? Because it used to say 'so that's' but it didn't flow right.

Mr C: That doesn't say 50 by the way, it says so. Okay, would you like to do it again?

Christine: Yea. We've discussed F1 Digest before and you know about Sidepodcast TV, obviously, but let's not forget about F1Minute. My daily sixty second news show has been going strongly for about nine months now and it's gradually getting bigger. With the start of the season, I introduced two extra shows on race weekends to cover all the action from the event without having to rush too much. Now I don't know about anybody else but I find it quite confusing to know whether it's an F1Minute day or not, despite the Google calendar. So from this week onwards, you can catch a new podcast every day. Just visit F1Minute...



oh god. Sorry. Also, I am making noise with my toes. So I don't know if you want to move this now because I'm not gonna...

Mr C: Can you bend down and grab it? Try to leave the carpet when you do it.

Christine: I bet that sounded good.

Mr C: That didn't affect the first take, did it? It was only short.

Christine: I haven't.. I haven't... no, no. It was just that one...

Mr C: You got animated, and moved around a bit. Okay.

Christine: I move too much. Fidgety. We've discussed F1 Digest before and you know about Sidepodcast TV, obviously, but let's not forget about F1Minute. My daily sixty second news show has been going strongly for about nine months now and it's gradually getting bigger. With the start of the season, I introduced two extra shows on race weekends to cover all the action from the event without having to rush too much. Now I don't know about anybody else but I find it quite confusing to know whether it's an F1Minute day or not, despite the Google calendar. So from this week onwards, you can catch a new podcast every day. Just visit F1Minute.com for all the details and to find the latest show. That's F1Minute seven days a week every week until the season ends, much simpler, don't you reckon?

Mr C: Really good. The only word I wasn't sure, you said just visit F1Minute.com, I wasn't sure visit came across too well.

Christine: Just visit.

Mr C: Just visit F1, sounded a bit rush.

Christine: It rhymes that does, visit F1Minute.

Mr C: Yes.

Christine: It doesn't, because there's a dot com after it, but you know.

Mr C: It does if you say the word. I didn't clap it.

Christine: What, unclap it or clap it?

Mr C: I don't know.

Christine: You don't know where you are now, do you? With your claps. Just clap another one.

Mr C: Yea. Scene two, take two, isn't it?

Christine: Yea.



Mr C: That's the important bit. The second clap isn't that important. I've only seen them do it on the telly and I don't know why they do it anyway, I'll be honest.

Christine: Just do what Doctor Who does, I told you.

Mr C: Yea, I did, but I don't know why they do that, to be honest with you. I only use it to find...

Christine: But you know what else? It's always like, Doctor Who is full of all these, not old people but like, you know directors and actors, and then there's this twelve year old kid running round with a clapper board. I want that job.

Mr C: On work experience, is he?

Christine: Yea. He probably doesn't know what he's doing either, he just does what he's told.

Mr C: We want an expensive one, see, where the numbers go up. I don't know what they do either. I think it's timecodes isn't it? So you know where you are in the series.

Christine: But that's tied to the film and stuff isn't it?

Mr C: It is, I think first you have to learn to press record on the camera. That's part of the deal, initiation process. Can you record the scene in the first place? Okay.

Christine: Are we not doing that again?

Mr C: Yea, why?

Christine: Just checking. Okay.

Mr C: You're doing very well to remain composed as I just ruin...

Christine: Yea. We've discussed F1 Digest before and you know about Sidepodcast TV, obviously, but let's not forget about F1Minute. My daily sixty second news show has been going strongly for about nine months now and it's gradually getting bigger. With the start of the season, I introduced two extra shows on race weekends to cover all the action from the event without having to rush too much. Now I don't know about anybody else but I find it quite confusing to know whether it's an F1Minute day or not, despite the Google calendar. So from this week onwards, you can catch a new podcast every day. Just visit F1Minute.com for all the details and to find the latest show. That's F1Minute seven days a week every week until the season ends, much simpler, don't you reckon?

Mr C: I do.

Christine: Just visit.

Mr C: I got that, yep. I noticed. [Clapper board] Happy with that? Three, take one. And that is...



Christine: I wonder if Franck's in the car yet.

Mr C: Do you feel a little bit left out not following it?

Christine: I don't know everything. It's about his turn to get back in the car.

Mr C: You've never paid the slightest bit of interest in Le Mans before. [Clapper board]

Christine: So, don't know what your point is.

Mr C: Just saying. [Clapper board]

Christine: Before we take a look at the circuit, I'll just quickly recap what happened in 2007. Last year, Lewis Hamilton was coming into the French Grand Prix with his first two victories recently under his belt. The momentum wasn't enough to lead him to this win however, as Räikkönen stormed to the chequered flag and the top step of the podium. A disgruntled Massa, who had started the race in pole position, had to settle for second having been completely outshone by his Ferrari teammate. Other notable finishes include Fisichella, who picked up a couple of points in his Renault, and Button who pulled his ailing Honda into eighth for a single point. But that's enough history, let's now take a look at one lap around Magny-Cours.

Mr C: Perfect. [Clapper board] You know, I couldn't have done it better myself.

Christine: You couldn't have done that. You can't read.

Mr C: No, I couldn't have... I can't read out loud. Okay. [Clapper board]

Christine: Before we take a look at the circuit, I'll just quickly recap what happened in 2007. Last year, Lewis Hamilton was coming into the French Grand Prix with his first two victories recently under his belt. The momentum wasn't enough to lead him to this win however, as Räikkönen stormed to the chequered flag and the top step of the podium. A disgruntled Massa, who had started the race in pole position, had to settle for second having been completely outshone by his Ferrari teammate. Other notable finishes include Fisichella, who picked up a couple of points in his Renault, and Button who pulled his ailing Honda into eighth for a single point. But that's enough history, let's now take a look at one lap around Magny-Cours.

Mr C: Beautiful. [Clapper board]

Christine: Is it just one more bit now and then I can go and check on Franck?

Mr C: Final scene and you can watch Le Mans. You know you have a podcast to do, don't you? Formula One?

Christine: Yea yea. It's not my fault the race goes on for 24 hours. I didn't come up with that idea, did I?

Mr C: I'm amazed there are so many Formula One drivers in it. [Clapper board]



Christine: It might as well just be an F1 race.

Mr C: There's people I've heard of and stuff.

Christine: [Laughs] There's people I've heard of.

Mr C: As opposed to sportscar drivers who I don't know.

Christine: That brings us to the end of another Inside Track. Last week I asked you all to visit us on Sidepodcast.com for live commenting and we saw lots of new faces, so thanks to everyone for joining in the fun. It really made a difference to all the sessions, having so many sets of eyes. Still, we didn't quite break 1000 comments for the race like I was hoping, so if you haven't participated yet, visit Sidepodcast.com for all free practice sessions, qualifying and the grand prix and I'll see you there. Enjoy the race. [Clapper board] I think I was a bit menacing then. 'Enjoy the race.' You will enjoy it.

Mr C: Yes, you will be there. You will be there, you will comment. I've got your number.

Christine: We know who you are. [Clapper board]

Mr C: Okay, less menacing this time then.

Christine: Yea, bit more friendly. I can't see that.

Mr C: Sorry.

Christine: That brings us to the end of another Inside Track. Last week I asked you... oh that wasn't very good. Could I be more reading it, really?

Mr C: And relax.

Christine: [Stomach gurgles] Oop, excuse me.

Mr C: You were just upstaged by your own stomach.

Christine: Yea, hungry see. That brings us to the end of another Inside Track. Last week I asked you all to visit Sidepodcast.com for live commenting and we saw lots of new faces, so thanks to everyone for joining in the fun. It really made a difference to all the sessions, having so many sets of eyes. Still, we didn't quite break 1000 comments for the race like I was hoping, so if you haven't participated yet, visit Sidepodcast.com for all free pr... Sorry. All free practice sessions. It's funny because I thought when I would say all three free practice sessions would be harder to say that but actually I find it easier.

Mr C: Do you want me to put a three in?

Christine: Nah. I've got to change it, can't say the same thing every week.

Mr C: Right.



Christine: Otherwise you might as well just say, watch that old video.

Mr C: Watch last year's.

Christine: Yea! No, no, cos last year's we were all sad weren't we? Boo hoo, poor France, not ever gonna be on the calendar again. Oh look.

Mr C: Ah, but last year we had the ING index, sadly missing this year.

Christine: That's true. Let's not direct people to look at that.

Mr C: I think it was probably, whatever it was, what was France, probably about fifty?

Christine: I think most of them were between fifty and sixty so yea.

Mr C: So France was about that.

Christine: That brings us to the end of another Inside Track. Last week I asked you all to visit us on Sidepodcast.com for live commenting and we saw lots of new faces, so thanks to everyone for joining in the fun. It really made a difference to all the sessions, having so many sets of eyes. Still, we didn't quite break 1000 comments for the race like I was hoping, so if you haven't participated yet, visit Sidepodcast.com for all free practice sessions, qualifying and the grand prix and I'll see you there. Enjoy the race.

Mr C: Much better. I think I might. [Clapper board] That's it.

Christine: You will. I can't drag you away from those comments.

Mr C: That's it. You're wrapped.

Christine: That's a wrap. Can you tell me what Franck is doing please?

Mr C: Yea, I'm gonna turn off the live stream now, say goodbye.

Christine: Bye!

Mr C: See ya!